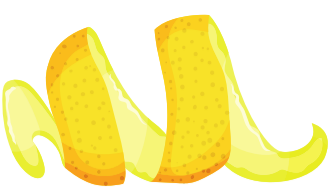


Refresh & Recharge - "Fortune Teller"



DOG

PINEAPPLE

LEMON

WEASEL

1. Think of 3 things you're happy about

2. Drink water or have a snack

3. Take 5 deep breaths

4. Listen to music

5. Count to 10 & back again

6. Have a tight squeeze of a hug

7. Have a big laugh

8. Draw a picture

How to make your 'teller'



How to use your 'teller'

1. Pick a picture from one of the 4 boxes.
2. Spell out the letters of the image while moving teller to reveal a set of four numbers.
3. Pick a number and move the teller the corresponding number of times, revealing a second set of four numbers.
4. Choose a flap to open and reveal your task!